TEA CLUB PROVISION

Tea club offers children the opportunity to eat with their friends whilst extending their session time. By attending Tea Club children will learn the following:

Independence

Children will be encouraged and supported to do the following:

- Serve themselves food using serving spoons or tongs
- Cut their own food
- Pour their own drink

Health and Hygiene

Children will be encouraged and supported to:

- wash their hands so they are ready to eat
- wash the plates and cutlery

Recycle

The children will learn which bin their waste needs to go in:

- Black Bin: non-recyclables
- Green Bin: recyclable

Whilst we promote children's independence staff will always support children with the above tasks.



TEA CLUB





TEA CLUB INFORMATION

Children are served with a light tea every evening. They are offered a varied menu and are expected to take part in the preparation and organisation of the meal time.

SAMPLE OF MENU

- Cheese puff and potato with corn on the cob
- Jacket potatoes various fillings
- Build your own wraps with various fillings
- Vegetable fingers, pasta and sweetcorn
- Beans on toast and cheese

SKILLS TAUGHT

- chopping
- spreading
- grating
- peeling



THE ROUTINE

The children attending tea club gather at the end of the afternoon session The routine is as follows:

- They spend sometime taking part in an activity with friends
- Wash their hands
- Set the table
- Eat their tea!

The children eat with friends and are encouraged to be as independent as possible with serving their tea and feeding themselves using utensils.

When they have finished eating they:

- Wash their plate and cup
- Choose whether to play inside or outside and select from a range of activities.

