



Week 1 Rolling Spring Menu 2023

Weeks	Lunch	Monday	Tuesday	Wednesday	Thursday	Friday
1	Main	Spanish Chicken and rice	Homemade Lasagne and garlic bread	Roast Chicken, potatoes and seasonal vegetables	Chicken Curry and Rice	Fish Finger, Wedges and peas
1	Main (allergies)	Vegetable Ratatouille and rice	Vegetarian lasagne and garlic bread	Butternut Squash Curry and rice	Roast Quorn Fillet, potatoes and Vegetable	Fishless finger, Wedges and peas
1	Pudding	Fruit Crumble	Watermelon	Carrot Muffin	Mango Oaty bar	Biscuit
1	Tea	Cheese puff and potatoes with Corn on a Cob	Jacket potatoes- Various fillings	Build your own wraps with various fillings	Vegetable fingers,, pasta & sweetcorn	Beans on toast and cheese
1	Pudding	Yoghurt	Chocolate cornflake cake	Fruit Salad	Oaty Biscuit	Peaches



Week 2 Rolling Spring Menu 2023

Weeks	Lunch	Monday	Tuesday	Wednesday	Thursday	Friday
2	Main	Chicken Noodles Stir Fry	Cottage Pie with Vegetables	Tuna Pasta bake	Chicken Fajita with Mexican rice	Margarita Pizza and cucumber sticks
2	Main (allergies)	Vegetable Noodles Stir fry	Vegetarian Cottage Pie	Cheese and Tomato pasta bake	Sweet potato fajita with Mexican rice	Pizza
2	Pudding	Apple crumble with custard	Sponge cake	Fruit salad and ice cream	Lemon short bread	Honey dew Melon
2	Tea	Pasta Bake with Vegetables	Homemade roll various fillings	Curry Chicken/Quorn fillet with Rice	Cream Cheese Bagel and Cucumber stick	Jacket Potato- Various fillings
2	Pudding	Pears	Yoghurt	Gingerbread Person	Banana and cocoa custard	Rice Crispy cake



Week 3 Rolling Spring Menu 2023

Weeks	Lunch	Monday	Tuesday	Wednesday	Thursday	Friday
3	Main	Spaghetti Bolognese and carrot	Chicken Pie and new potatoes and peas	Lentil and Cauliflower curry and rice	Macaroni cheese and Broccoli	Vegetarian sausage patty, mash potato, sweetcorn
3	Main (allergies)	Vegetarian Bolognese	Vegetable Pie	Lentil and Cauliflower curry and rice	Macaroni cheese and Broccoli	Vegetarian sausage patty, mash potato, sweetcorn
3	Pudding	Bananas and cocoa custard	Yoghurt	Sweet potato and chocolate brownie	Rice Crispy cake	Strawberry Mousse
3	Tea	Puff pastry cheese wheel and veggie sticks	Wholegrain Spaghetti hoops on toast	Homemade Sausage roll/ Veg and cucumber	Chicken goujons/ Vegetarian Fingers and wedges	Pizza wraps and vegetables
3	Pudding	Fruit salad with ice cream	Honey dew Melon	Peaches with custard	Fruits Flapjack	Gingerbread person